

INSTRUCTION FOR USE, A3-REG-QF-13-F9

**Device System Name**

Tarsus Nailing System

**Device Description**

The Tarsus Nailing System, which consists of Tarsus Nail, which are especially designed for the fixation of lower extremity fracture and it is manufactured from Titanium material.

The Tarsus Nailing are available in diameter 10,12 and 13mm and length 150, 180 and 240mm.

**Components:**

- Tarsus Nail
- 5.0mm Locking Bolt, (Star Head)
- 6.0mm Locking Bolt, (Star Head)
- Spiral Blade
- Tarsus Nail End Cap, for Securing Spiral Blade
- Tarsus Nail End Cap, for Securing the most distal Locking Bolt

**Purpose**

The Tarsus Nail System is intended to help immobilization and stabilization of foot /ankle fracture.

**Materials**

The Tarsus Nailing System which consists of Tarsus Nail are made from Titanium Alloy Ti-6AL-4V as per ISO 5832-3. This material is not compatible with other metal alloys.

**Indications**

The Tarsus Nail is indicated to facilitate tibiototalcaneal arthrodesis to treat:

- Severe foot /ankle deformity
- Arthritis
- Instability and skeletal defects after tumor resection; these include, but are not limited to, neuro-osteoarthritis (Charcot's foot)
- Avascular necrosis of the talus
- Failed joint replacement or failed ankle fusion
- Distal tibial fracture nonunions
- Osteoarthritis
- Rheumatoid arthritis and pseudoarthrosis

**Contraindications**

The implant should not be used in a patient who has currently, or who has a history of:

- Local or Systemic acute or chronic inflammation.
- Dysvascular limb
- Insufficient plantar pad
- Active infection or inflammation.
- Suspected or documented metal allergy or intolerance.
- Symptomatic Arthritis.
- Intraarticular fractures
- known sensitivity to metals
- An inability to follow a postoperative treatment.
- Tarsus nails cannot be used to treat unstable fractures, such as long oblique fractures or long spiroids.

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**Warnings & Precautions**

See package insert for warnings, precautions, adverse effects, information for patients and other essential product information.

Serious Post-operative complications may occur from the use of implant in a patient who-

- Lacks good general physical condition
- Has severe osteoporosis
- Demonstrates anatomical or physiological anomalies.
- The patient should be informed that the life expectancy of the device is unpredictable and once implanted, successful results cannot be guaranteed if adequate care and precautions are not taken. The reuse of implants after re-sterilization may not result in the same responses.
- The AUXEIN MEDICAL Tarsus Nails is not intended to support the body weight of the patient as it is too heavy.
- The AUXEIN MEDICAL Tarsus Nails is not indicated for the treatment of lower extremity fractures in adults.
- Vascular disorders, including thrombophlebitis, pulmonary embolism, wound hematoma, avascular necrosis
- Delayed consolidation or nonunion that can lead to implant rupture
- Has immunological response, sensitization or hypersensitivity for foreign materials.
- Do Not Re-Use. Do not re-process. The device is not designed for re-processing. Reuse of the medical device intended for single use devices may lead to infection, degraded performance or a loss of functionality. The cleaning and disinfection / sterilization for re-processing of these single use devices has not been validated nor is any authentic information available. So re-process of the single use device is not allowed.
- For Qualified surgeon use only.

**Note:** It is the responsibility of the surgeon to discuss, with the patient, the precautions, possible risks, warnings, consequences, complications and adverse reactions which may occur as a result of the surgical procedure and implantation of the device(s).

The patient should be informed that the life expectancy of the device is unpredictable and once implanted, successful results cannot be guaranteed if adequate care and precautions are not taken.

**If adverse effects happen, it may necessitate re-operation, revision or removal surgery, arthrodesis or the involved joint and/or amputation of the limb.**

**Intended Patient Group**

Only patients that meet the criteria described in the indications should be selected. Patient conditions and/or predispositions such as those addressed in the contraindications mentioned above should be avoided.

**Surgeon Note**

Although the surgeon is the learned intermediary between the company and the patient, the indications, contraindications, warnings and precautions given in this document must be conveyed to the patient.

**Caution**

To be used by Qualified and Trained Surgeons Only.

**MRI Compatibility**

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The AUXEIN MEDICAL Tarsus Nails has not been evaluated for safety and compatibility in the MR environment. The AUXEIN MEDICAL Titanium Tarsus Nail has not been tested for heating or migration in the MR environment. Patients should seek the opinion of medical experts before entering the MRI (Magnetic Resonance Imaging) environment.

**Potential Adverse Events**

All of the possible adverse events associated with Tarsus Nails implantation without instrumentation are possible. With instrumentation, a listing of possible adverse events includes, but is not limited to:

- Loss of reduction and/or fixation
- Nonunion, malunion, delayed Union, or incomplete union
- Soft tissue irritation or damage
- Local Dislocation
- Osteonecrosis
- Inflammatory reactions and osteolysis
- Infection or pain
- Metal sensitivity
- Corrosion of metal components (the significance and long-term implications are uncertain and await further clinical evidence and evaluation).
- Interference with CT, and/or MR imaging because of the presence of the implants.
- Bone loss or decrease in bone density, possibly caused by stress shielding.
- Nail Protrusions
- Neuromuscular Injury
- Incisional numbness

**Note:**

Additional surgery may be necessary to correct some of these anticipated adverse events.

**Other Preoperative, Intraoperative, And Postoperative Warnings Are As Follows**

A successful result is not always achieved in every surgical case. This fact is especially true in Tarsus Nails surgery, where many extenuating circumstances may compromise the results.

**Preoperative:**

- The selection of the proper size, shape and design of the implant for each patient is crucial to the success of the procedure.
- Only patients that meet the criteria described in the indications should be selected. Tarsus Nail can be used for skeletally mature patient and pregnant women.
- Before surgery, the surgeon must plan the operation with a view to correct selection and sizing of the implant components and their positioning in the bone. The surgeon needs to ensure that: Instruments have been properly disassembled prior to cleaning and sterilization; Instruments have been properly assembled post-sterilization; Instruments have maintained design integrity; and, Proper size configurations are available.
- The implant bed is prepared using the appropriate Auxein Medical's instruments for the specific replacement procedure being performed.
- All informational material concerning the range of implants, instrumentation and surgical technique has been reviewed and is available and the surgeon and the surgical team are familiar with this information.
- The rules of medical skill, the state of the art, and the contents of scholarly publications by medical

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authors are known and observed.

- Re-use of any implant is prohibited as it including risk of infection/disease.

**Intra-operative:**

- AUXEIN MEDICAL Tarsus Nails is available in various sizes to suit the patient's anatomy. Details of the implant size are explicitly marked on the packaging and/or on the implants themselves. In addition, the related product literature carries detailed information related to the selection of particular sizes.
- The correct use of these components should be clearly described in the relevant product literature corresponding with the Tarsus Nails being implanted.

**Post-operative**

The physician's postoperative directions and warnings to the patient and the corresponding patient compliance are extremely important.

- Detailed instructions on the use and limitations of the device should be given to the patient. If partial weight-bearing is recommended or required prior to firm bony union, the patient must be warned that bending, loosening or breakage of the components are complications which can occur as a result of excessive or early weight-bearing or excessive muscular activity. The risk of bending, loosening, or breakage of a temporary internal fixation device during postoperative rehabilitation may be increased if the patient is active, or if the patient is debilitated, demented or otherwise unable to use crutches or other such weight supporting devices.
- The patient should be warned of this possibility and instructed to limit and restrict physical activities, especially lifting and twisting motions and any type of sport participation. The patient should be advised not to smoke or consume alcohol during the bone graft healing process.
- If a non-union develops or if the components loosen, bend, and/or break, the device(s) should be revised and/or removed immediately before serious injury occurs. Failure to immobilize a delayed or non-union of bone will result in excessive and repeated stresses on the implant. By the mechanism of fatigue these stresses can cause eventual bending, loosening, or breakage of the device(s).
- The patient must be adequately warned of these hazards and closely supervised to insure cooperation until bony union is confirmed. The patient must be made to understand that artificial joint replacement implants are always inferior to the function of the natural joint, and only a relative improvement of the preoperative condition can be achieved.
- The patient must be explained that an artificial joint can loosen due to overloading, wear and tear, or infection. Implant loosening can necessitate a revision operation that, under some circumstances, offers no opportunity to restore joint function again.
- Any retrieved devices should be treated in such a manner that reuse in another surgical procedure is not possible. As with all orthopedic implants, none of the Tarsus Nails should ever be reused under any circumstances. Reuse may lead to infection & cross infection.
- Orthopedic surgeries do not generally involve major risks and complications. Orthopedic Surgeons are properly trained to avoid potential difficulties which might occur during an intervention, as well as to efficiently correct such problems if they appear. However, some of the risks and complications which may accompany an orthopedic surgical procedure are:
  - **Postoperative infections:** In order to avoid this complication, patients will be administered antibiotics before, during and after the surgery. If patient have an ongoing infection (throat, urinary, dental etc.), it is highly recommended to treat it prior to the intervention, as it can

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reach your joint and a late infection could develop months or even years following orthopedic surgery.

- Bleeding
- **Blood clots:** They may occasionally appear after orthopedic surgery. Blood clots can be avoided with appropriate medication and physical exercise.
- **Blood vessel damage:** This complication may appear if blood vessels located in close proximity of the implant are affected during the procedure.
- **Allergic reactions:** The patient might experience an allergic reaction to the metal components or cement used to fix the implant (titanium, stainless steel etc.)

### Packaging

Packages for each component should be intact upon receipt. If a consignment system is used, all sets should be carefully checked for completeness and all components should be carefully checked for lack of damage before use. Damaged packages or products should not be used, and should be returned to AUXEIN MEDICAL PVT LTD.

### Decontamination

In case of implants user didn't require to do any kind of de-contamination as manufacturer has already provided the sterile implant.

All instruments that have been taken into a surgical field must first be decontaminated by using steam autoclaving process and reintroduction into a sterile surgical field.

The following method has been validated and recommended by the company:

Method:	Steam Sterilization (Autoclaving)
Temperature	Minimum 121 Degree Centigrade
Exposure Time	20 Minutes
Pressure	15 Psi
Cycle Type	Vacuum Type

**Note:** FDA Approved shall be used for steam sterilization.

### Sterilization

AUXEIN MEDICAL'S Tarsus Nailing System is supplied Sterile. A sterility assurance level SAL  $10^{-6}$  was achieved using gamma irradiation sterilization with minimum dose of 25kGy. Check the integrity of the packaging and labeling before opening the pack.

### Storage


Store the implants at a dry place. Care should be taken in the handling and storage of the implant components. The implants should not be scratched or otherwise damaged. Implants and instruments should be protected during storage especially from corrosive environments. The implant surfaces should not be scratched or notched, since such actions may reduce the functional strength of the construct and the temperature range shall be 10°C to 30°C.

### Disposal

The Orthopedic implant is to be disposed off as per the Hospital and Regulatory norms.

### Product Complaints

Customers or users of products, who have any complaints or who have experienced any

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dissatisfaction in the product quality, identity, durability, reliability, safety, effectiveness and/or performance, should notify the Manufacturer, AUXEIN MEDICAL or EU Representative. Further, if any of the implanted Tarsus nails ever "malfunctions," (i.e., does not meet any of its performance specifications or otherwise does not perform as intended), or is suspected of doing so, the Manufacturer or EU Representative should be notified immediately.


If any AUXEIN MEDICAL's product ever "malfunctions" and may have caused or contributed to the death or serious injury of a patient, the distributor should be notified immediately by telephone, fax or written correspondence. When filing a complaint, please provide the component(s) name and number, lot number(s), your name and address, the nature of the complaint and notification of whether a written report from the distributor is requested.

**Further Information**









Recommended directions for use of this system (surgical operative techniques) are available at no charge upon request. If further information is needed or required, please contact your representative or distributor or contact the manufacturers direct.

**Details of various Symbols used in Labeling**


Symbol	Symbol Title	Description	Standard Title	Reference Number
	Date of Manufacture	Indicates the date when the medical device was manufactured.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels—General requirements.	5.1.3
	Manufacturer	Indicates the medical device manufacturer, as defined in EU Directives 93/42/EEC.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.1.1
	Authorized representative in the European community	Indicates the Authorized Representative in the European Community.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.1.2
	Reorder Number	Indicates the manufacturer's catalogue number so that the medical device can be identified.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.1.6
	Batch Code	Indicates the manufacturer's batch code so that the batch or lot can be identified.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels—General requirements.	5.1.5

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



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	Do Not Reuse	Indicates a medical device that is intended for one use or for use on a single patient during a single procedure.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.4.2
	Keep Dry	Indicates a medical device that needs to be protected from moisture.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.3.4
	Keep away from the sunlight	Indicates a medical device that needs protection from light sources	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.3.2
	Consult instructions for use	Consult instructions for use	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.2.3
	Do not use if package is damaged.	Indicates a medical device that should not be used if the package has been damaged or opened.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.2.8
	Do not re-sterilize	Indicates a medical device that has not been subjected to a sterilization process.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.2.7
	Sterilized using irradiation	Indicates a medical device that has been sterilized using irradiation.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.2.4
	Temperature limit	Indicates the temperature limits to which the medical device can be safely exposed.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.3.7



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	Quantity	Indicates quantity of medical devices contained within the packaging.	N/A	N/A
	Material	Indicates the Material from which medical device is manufactured.	N/A	N/A
	Use by date	Indicates the date after which the medical device is not to be used.	ISO & ANSI/AAMI/ISO 15223-1 Medical devices—Symbols to be used with medical device labels— General requirements.	5.1.4
	Prescription only	The symbol for Prescription Device Caution: Federal (USA) law restricts this device to sale by or on the order of a physician.	N/A	N/A



Manufactured By:

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Single Registration Number: ES-AR-00000029

**Revision History:**

S.	Description of	Document	Status	Rev.	Effective	Prepared	Approved
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No.	Change	No.		No.	Date	By	By
1.	Instruction for use for Tarsus Nailing system	AMPL-IFU-TNS/S-01	Initial Release	00	15-10-2022	